hermony®



PRENATAL TEST

## For You

it's the most proven non-invasive prenatal test available<sup>1</sup> and it's peace of mind.

**Answers that matter** 

# For the health of your baby

Clear answers are
everything when you're
pregnant, especially when
it comes to the health of
your baby.



You want the best information, so you can make plans and have peace of mind for the months ahead.

The Harmony test is the most proven brand of noninvasive prenatal test (NIPT) available.<sup>7</sup>
It has been used in more than 1.8 million pregnancies worldwide.<sup>2</sup>

#### What is the Harmony prenatal test?

When you're pregnant, your blood contains tiny amounts of your baby's DNA. The Harmony prenatal test looks at this DNA to provide accurate information about the likelihood for the most common chromosome conditions such as Down syndrome (trisomy 21), trisomy 18, and trisomy 13.

#### What else can the Harmony test do?

In addition to screening for the conditions listed above, you and your doctor can talk about which of the following additional options might make sense for your pregnancy.

Fetal sex	To know whether your baby is male or female, also available with twins
Monosomy X (Turner Syndrome)	May result in heart, endocrine, and learning difficulties
22q11.2 microdeletion	May result in heart, kidney, learning, and growth difficulties
Sex Chromosome Aneuploidies	May result in learning, behavioral, and other health issues

For more information visit www.harmonytest.com

### Who can have this screening?

The Harmony test is available for singleton and twin pregnancies, including those conceived by IVF, and it can be chosen by women of any age.

### **Harmony vs. Traditional Tests**

The Harmony prenatal test is better at identifying Down syndrome with fewer false positives than traditional screening  $^{\Omega}$  tests for women of any age or risk. $^{*,3}$ 

#### Harmony versus traditional tests for Down Syndrome<sup>3</sup>

	Detection Rate <sup>†</sup>	False-Positive Rate††
<b>HARMONY</b> Prenatal Test	More than 99 in 100	Less than 1 in 1,600
<b>TRADITIONAL</b> First-Trimester Screening	79 in 100	1 in 20

 $<sup>^{\</sup>Omega}$  Traditional screening: first trimester maternal serum PAPP-A, total or free  $\beta\text{-hCG}$  & nuchal translucency.

Any risk refers to the average risk population (under age 35) and high risk population (over age 35). Pregnancies with more than two fetuses, a history of vanishing twin, maternal organ transplant or maternal aneuploidy are not eligible for the Harmony test.

<sup>&</sup>lt;sup>†</sup>Correctly indicates a high risk for Down syndrome when it IS present

<sup>\*\*</sup>Reports a high risk for Down syndrome when it is NOT actually present

### What do Harmony results mean?

The Harmony test is a screening test. That means it looks for evidence of the conditions listed in this brochure, but like any screening test, it does not provide a diagnosis. Your Harmony test results can guide the discussions you have with your doctor about your pregnancy care.



With the Harmony test, there is less chance your doctor will recommend invasive follow-up testing due to a false-positive result, and you can avoid needless anxiety.

### What happens with a Harmony prenatal test?



At 10 weeks or later, your blood is drawn.



Your blood sample is sent to a laboratory where it is analyzed.



Your results are sent to your doctor in about a week of receiving the sample.



For clear answers

For fewer false alarms

For information you can trust



#### information, talk to your healthcare provider or visit www.harmonytest.com

- Demonstrated by 67 peer-reviewed published studies using the Harmony prenatal test as of Jan 2020. for the entire 67 references, please go to harmonytest.com/references
- 2. Data on file with Roche.
- 3. Norton EM et al. N Engl J Med. 2015 Apr 23;372(17):1589-97.

The Harmony non-invasive prenatal test is based on cell-free DNA analysis and is considered a prenatal screening test, not a diagnostic test. Harmony does not screen for potential chromosomal or genetic conditions other than those expressly identified in this document. All women should discuss their results with their healthcare provider who can recommend confirmatory, diagnostic testing where appropriate.

The Harmony prenatal test was developed and its performance characteristics determined by Ariosa Diagnostics, Inc. a CLIA-certified and CAP-accredited clinical laboratory in San Jose, CA USA. This testing service has not been cleared or approved by the US Food and Drug Administration (FDA).

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